

## Life Rank — Sign-Off Checklist

Sign-off tracking sheet for Life rank requirements. Verify all requirements at [scouting.org](https://www.scouting.org).

Scout name: \_\_\_\_\_

Troop #: \_\_\_\_\_

Scoutmaster: \_\_\_\_\_

Date started: \_\_\_\_\_

Date conference: \_\_\_\_\_

Date BOR: \_\_\_\_\_

### ACTIVE PARTICIPATION

- ☐ Active in troop for at least 6 months since earning Star

Star date: \_\_\_\_\_ Life conference date: \_\_\_\_\_

### LEADERSHIP (POSITION OF RESPONSIBILITY)

- ☐ Serve actively for 6 months in an approved POR

SM: \_\_\_\_\_

Position: \_\_\_\_\_ Dates: \_\_\_\_\_

### MERIT BADGES (11 TOTAL — 7 MUST BE EAGLE-REQUIRED)

- ☐ Eagle-required badge #1  
Badge: \_\_\_\_\_ Date: \_\_\_\_\_
- ☐ Eagle-required badge #2  
Badge: \_\_\_\_\_ Date: \_\_\_\_\_
- ☐ Eagle-required badge #3  
Badge: \_\_\_\_\_ Date: \_\_\_\_\_
- ☐ Eagle-required badge #4  
Badge: \_\_\_\_\_ Date: \_\_\_\_\_
- ☐ Eagle-required badge #5  
Badge: \_\_\_\_\_ Date: \_\_\_\_\_
- ☐ Eagle-required badge #6  
Badge: \_\_\_\_\_ Date: \_\_\_\_\_
- ☐ Eagle-required badge #7  
Badge: \_\_\_\_\_ Date: \_\_\_\_\_
- ☐ Elective badge #1  
Badge: \_\_\_\_\_ Date: \_\_\_\_\_
- ☐ Elective badge #2  
Badge: \_\_\_\_\_ Date: \_\_\_\_\_
- ☐ Elective badge #3  
Badge: \_\_\_\_\_ Date: \_\_\_\_\_
- ☐ Elective badge #4  
Badge: \_\_\_\_\_ Date: \_\_\_\_\_

### COMMUNITY SERVICE

- ☐ Participate in 6 hours of community service SM: \_\_\_\_\_  
Organization: \_\_\_\_\_ Hours: \_\_\_\_\_ Date: \_\_\_\_\_

### SCOUT SPIRIT & ADVANCEMENT

- ☐ Demonstrate Scout Spirit by living the Oath and Law SM: \_\_\_\_\_
- ☐ Scoutmaster Conference SM: \_\_\_\_\_
- ☐ Board of Review  
Date: \_\_\_\_\_

**Note on parallel progress:** Scouts may work on merit badge requirements for Star, Life, and Eagle simultaneously — but rank advancement must happen in order. Track each merit badge start date carefully.

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Independent resource — not affiliated with or endorsed by Scouting America. Always verify current BSA advancement requirements at [scouting.org](https://www.scouting.org) or with your local council. Requirements are updated periodically.